

## ERASMUS+ TRAINING COURSES WITH DOREA



EDUCATIONAL INSTITUTE

Erasmus+ KA1 mobilities is a fantastic opportunity for a fully funded course for staff working/teaching in adult education centres, schools (primary and secondary) and Higher Education Institutes (Universities and tertiary educational institutes). DOREA, as a leading training provider with more than 30 specialized courses, has carefully selected 12 courses to be delivered under Erasmus+. These courses are designed to meet the professional needs of staff (admin and teaching) and they are delivered in great locations around Europe, such as Limassol, Prague, Palermo and Vilnius.

Join us in the sunny and cosmopolitan cities of Limassol, Cyprus and Palermo, Italy or in the majestic Prague, Czech Republic and the wonderful city of Vilnius, Lithuania and attend one of our quality training courses throughout 2014 and 2015. All participants will get an attendance certificate and a Europass mobility certificate by a training institution, DOREA, registered under ECVET (European Credit System for Vocational and Educational Training). An opportunity not to be missed!

All courses under Erasmus+ can be offered also in dates convenient for groups within the same organisation. If you are six (6) or more individuals working at the same organisation, DOREA can offer any of its training courses at the date you wish. Another innovation by DOREA!

### PORTFOLIO OF OUR TRAINING COURSES WITHIN ERASMUS+

#### First Aid at Work

22.–26.09.2014 | 08.–12.06.2015 | 21.–25.09.2015 | 23.–27.05. 2016  
Limassol, Cyprus

Educational institutions are a common ground for injuries or illnesses. The provision of appropriate first aid in the workplace can contribute positively to maintaining life, minimizing the consequences of injury or illness and accelerating the time of convalescence. With the completion of this course, participants will be able to provide adequate aid to the person in need, until the advent of specialised care.

#### Health and Safety in Educational Institutions

13.–17.10.2014 | 11.–15.05.2015 | 12.–16.10.2015 | 04.–08.04.2016  
Limassol, Cyprus

School principals, managers and teachers should know about health and safety when engaged in work or as future members of the workforce. This course will help you to identify risks and hazards in school, your duties and responsibilities and understand health and safety legislation.

#### Managing Safely

01.–05.12.2014 | 08.–12.06.2015 | 07.–11.12.2015 | Limassol, Cyprus

Safety at work is fundamental and health and safety requires a committed management to be effective. Managing safely is suitable for managers, supervisors and any other responsible authority in any sector, and any organisation. It's designed to get managers up to speed on the practical actions they need to take to handle health and safety in their premises.

#### Train the Trainer

17.–21.11.2014 | 25.–29.05.2015 | 12.–16.10.2015 | Limassol, Cyprus  
23.–27.03.2015 | 07.–11.03.2016 | Palermo, Italy

This programme provides practical help to enable participants to grasp the mind set of an expert trainer. Appreciating the 'inner game' of beliefs and values is crucial when designing and running a training program. The course also covers six skills sets that are essential to facilitating dynamic and powerful training events.

#### Understand Yourself, Understand Your Learners (Enneagram)

20.–24.10.2014 | 19.–23.10.2015 | Limassol, Cyprus  
16.–20.02.2015 | 15.–19.02.2016 | Palermo, Italy  
04.–08.05.2015 | 02.–06.05.2016 | Prague, Czech Republic

The seminar is based on personality typology called Enneagram. The system describes 9 basic personality types with their specific motivations, values, strong points and challenges. The aim of the seminar is to introduce Enneagram and enable the participants to apply the model in educational setting.



## Problem Solving and Decision Making

03.-07.11.2014 | 01.-05.06.2015 | 02.-06.11.2015 | 06.-10.06.2016 | Limassol, Cyprus  
09.-13.02.2015 | 08.-12.02.2016 | Prague, Czech Republic

Learn to apply decision-making and problem-solving skills to reduce risk and choose the best course of action while strategically achieving business objectives. The overarching aim of this particular seminar is to help participants develop soft skills and enhance understanding on conflict management, contempt and negativity.

## Emotional Intelligence

10.-14.11.2014 | 04.-08.05.2015 | 02.-06.11.2015 | 09.-13.05.2016 | Limassol, Cyprus  
16.-20.02.2015 | 15.-19.02.2016 | Vilnius, Lithuania

The seminar gives opportunity to the teachers to enhance the understanding of emotional intelligence and how to apply that understanding in a teaching role in informal environments, and helping others to manage change and deal with stress.

## Managing Cross Cultural Issues in Education

27.-31.10.2014 | 26.-30.10.2015 | Limassol, Cyprus  
16.-20.03.2015 | 14.-18.03.2016 | Prague, Czech Republic  
08.-12.06.2015 | 06.-10.06.2016 | Vilnius, Lithuania

This programme aims to equip teachers and trainers with the essential skills, knowledge and competencies required for working globally, cross culturally and remotely both in formal and informal roles, and helping others to develop their multi-cultural awareness.

## Team Work as a Mean for Enhancing Productivity

06.-10.10.2014 | 23.-27.03.2015 | 05.-09.10.2015 | 21.-25.03.2016 | Limassol, Cyprus  
18.-22.05.2015 | 16.-20.05.2016 | Vilnius, Lithuania

Delegates will be shown how they can best appreciate the other team members and coach them to develop the skills they have in order to create a confident, relaxed and constructive team. Experiential and group exercises demonstrate how to bring teams closer together by making communication more clear and direct.

## Identify the Talent Hidden in Your Classroom

10.-14.11.2014 | 09.-13.11.2015 | Limassol, Cyprus  
08.-12.06.2015 | 06.-10.06.2016 | Palermo, Italy

This unique programme, developed by a team of experts in clinical, educational and occupational psychology, aims to teach the participants to identify strengths and abilities of a pupil/youth that can go undetected in the formal educational environment.

## PROCEDURE TO FOLLOW

1

Check with your organization whether they have applied for Erasmus + KA1 funding on 24.03.2014 and whether their application was successful.

2

If funding is available, speak with your supervisor/manager about your intention to undertake training offered by DOREA.

3

Your organisation sends us the name of the people and the seminars that the people within your organisation is willing to attend

4

Once we receive 3 above then we confirm their reservation to the corresponding courses.

5

At least 3 weeks prior to the commencement of the course we confirm that the participation will take place and we issue the relevant invoice.



## Securing EU funding for 2014 - 2020: the key steps for success

15.-19.09.2014 | 24.-28.11.2014 | 25.-29.05.2015 | 21.-25.09.2015 | 23.-27.11.2015  
23.-27.05.2016 | Limassol, Cyprus

This is a Masterclass course designed for people involved in the preparation and submission of EU funded proposals. The participants will have the chance to acquire in depth knowledge of the key issues related to drafting a quality proposal that has increased chances to secure funding from any of the major programmes within European Union.

## Handling Stress and Avoiding Burnout

29 September – 03 October 2014 | 18 – 22 May 2015, Limassol, Cyprus

Stress is inevitable. It walks in and out of our lives on a regular basis. Burnout is a mixture of professional exhaustion, and disillusionment with other people, the organization, or the career, over the long term. Fortunately, there are many things you can do to minimize and cope with stress and learn how to avoid burnout.

## THE PRICE

The participant fee equals to 1090 €. It is fully covered by the funding received per participant and includes:

- Tuition fee and training material
- Welcome supper
- Accommodation (6 nights)
- Fullboard (5 days)
- Airport transfer



[www.dorea.org](http://www.dorea.org)



[info@dorea.org](mailto:info@dorea.org)



00357 2525 6606

design: crazybeesdesign@gmail.com